

## Language Assistance Services

**English:** Language assistance is available at no cost to you, 24 hours a day, 7 days a week. You can request interpreter services, materials translated into your language, or in alternative formats. Just call us at **1-800-464-4000**, 24 hours a day, 7 days a week (closed holidays). TTY users call **711**.

**Spanish:** Contamos con asistencia de idiomas sin costo alguno para usted 24 horas al día, 7 días a la semana. Puede solicitar los servicios de un intérprete, que los materiales se traduzcan a su idioma o en formatos alternativos. Solo llame al **1-800-788-0616**, 24 horas al día, 7 días a la semana (cerrado los días festivos). Los usuarios de TTY, deben llamar al **711**.

**Chinese:** 您每週7天，每天24小時均可獲得免費語言協助。您可以申請口譯服務、要求將資料翻譯成您所用語言或轉換為其他格式。我們每週7天，每天24小時均歡迎您打電話**1-800-757-7585** 前來聯絡（節假日休息）。聽障及語障專線 (TTY) 使用者請撥**711**。



PROTECT WHAT YOU  
**LOVE**  
 EVERY MOMENT. EVERYONE.

Get the flu shot and COVID-19 vaccine.

**All Flu Vaccine Center Locations open September 1, 2022 – November 23, 2022**

<p><b>Bonita Medical Offices</b>            3955 Bonita Rd.            Bonita, CA 91902            Time: 8:30am – 4:30pm (M - F)</p>	<p><b>Bostonia</b>            1630 E. Main St.            El Cajon, CA 92021            Time: 8:30am – 4:00pm (M - F)</p>	<p><b>Carlsbad</b>            6860 Avenida Encinas            Carlsbad, CA 92011            Time: 8:30am – 4:30pm (M - F)</p>
<p><b>Carmel Valley</b>            3851 Shaw Ridge Road            San Diego, CA 92130            Time: 8:30am – 4:30pm (M - F)</p>	<p><b>Clairemont</b>            6911 Convoy Court            San Diego, CA 92111            Time: 8:30am – 4:30pm (M - F)</p>	<p><b>El Cajon</b>            250 Travelodge Dr.            El Cajon, CA 92020            Time: 8:30am – 4:00pm (M - F)  <b>Drive Through Available</b></p>
<p><b>Escondido</b>            732 N. Broadway            Escondido, CA 92025            Time: 8:30am – 4:00pm (M - F)</p>	<p><b>Garfield</b>            5893 Copley Dr.            San Diego, CA 92111            Time: 8:30am – 4:30pm (M - F)</p>	<p><b>La Mesa</b>            8080 Parkway Dr.            La Mesa, CA 91942            Time: 8:30am – 4:30pm (M - F)  <b>Saturday 8:30am-11:30am</b></p>
<p><b>Oceanside</b>            1302 Rocky Point Dr.            Oceanside, CA 92056            Time: 8:30am – 4:30pm (M - F)</p>	<p><b>Otay Mesa</b>            4650 Palm Ave.            San Diego, CA 92154            Time: 8:30am – 4:30pm (M - F)  <b>Saturday 8:30am-11:30am</b></p>	<p><b>Point Loma</b>            3250 Fordham St.            San Diego, CA 92110            Time: 8:30am – 4:30pm (M - F)  <b>Drive Through Only</b></p>
<p><b>Rancho Bernardo</b>            17140 Bernardo Center Dr.            San Diego, CA 92128            Time: 8:30am – 4:30pm (M - F)</p>	<p><b>Rancho San Diego</b>            3875 Avocado Blvd.            La Mesa, CA 91941            Time: 8:30am – 4:30pm (M - F)</p>	<p><b>San Diego Medical Center</b>            9455 Clairemont Mesa Blvd.            San Diego, CA 92123            Time: 8:30am – 4:30pm (M - F)</p>
<p><b>San Marcos</b>            400 Craven Rd.            San Marcos, CA 92078            Time: 8:30am – 4:30pm (M - F)  <b>Saturday 8:30am-11:30am</b></p>	<p><b>Vandever</b>            4405 Vandever Ave.            San Diego, CA 92120            Time: 8:30am – 4:30pm (M - F.)  <b>Saturday 8:30am-11:30am</b></p>	<p><b>Zion Medical Center</b>            4647 Zion Ave.            San Diego, CA 92120            Time: 8:30am – 4:30pm (M - F)  <b>Drive Through Only</b></p>

Flu shot dates and locations are subject to change. Before you visit, go to [kp.org/flu](http://kp.org/flu) for the most up-to-date information.

Kaiser Permanente health plans around the country: Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232 • Kaiser Foundation Health Plan of Washington, 320 Westlake Ave. N., Suite 100, Seattle, WA 98109